

SAED CHOREOGRAPHY CODE for WRITTEN CHOREOGRAPHY

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I. Body

Body: B
Upper Body: UB
Lower Body: LB
Head: D
Hip: H
Arm, Arms: A
Shoulder: S

II. Torso Movements

Shimmy: sh
Accents: ac
Circle: ci
Undulation: un
Slide: sl

A. UPPER BODY

Head Slide: Dsl
Shoulder (Upper) Shimmy: UBsh
Shoulder (Upper) Accents: UBac
Upper One: UB1
Upper Two: UB2
Upper Three: UB3
Upper Half & Half: UBh/h
Upper Two Accents: UB2ac
Upper One Accents: UB1ac
Shoulder Accents: Sac
Shoulder Undulations: Sun
Upper Walk & Tap: UBw/t
Royal Step: UBRt/w
Upper Body Walk: Uw

1. ARMS

Small Arm Frame: oAf
Big Arm Frame: OAf
Complete Circle Frame: cAf
Alternating Arms: Aalt
Arms to Head: AD
Arms to Hips: AH

B. LOWER BODY

Lower One: LB1
Lower Two: LB2
Lower Three: LB3
Lower Half & Half: LBh/h
Circle with Lower Half & Half: ci/LBh/h
Hip Undulation: Hun
Little Hips: IH
Hip (Lower) Shimmy: LBsh
Lower Running Two: LB2r
Small Hip Circle: oHci
Big Hip Circle: OHci
Lower Two Accents: LB2ac
Lower One Accents: LB1ac
Regal Step: Rw/t
Lower Walk & Tap: LBw/t
Lower Body Walk: LBw

III. Time Signatures

Full Time: ft
Half Time: ht
Double Time: dt
Quarter Time: qt
Syncopation - sy
Count: ct
Up-beat (one & three): x
Down-beat/Transitional (two & four): y

IV. Travel Steps

Step, Walk: w
Point, Tap: t
Running: r
To Fro: tf
To Fro Back Fro: tfbf
Gallop: g
Three Step Walk: 3w
Tap & Walk: t/w
Promenade Walk: Pw
Circle Walk: ciw
Walk & Jog: LBw/y
Jump: j
A-Stance: †
Kaleegy: K
3 Step Walk: 3w
Pose: I

V. Movement Size

Small: o
Big, Super or Huge: O
Complete: c
Little: l
Half: h
Dip: -
Reach: +

VI. Directional Travel

Down: d
Up: u
Right: >
Left: <
Forward: ^
Backward: v
Forward Diagonal Right: ^>
Forward Diagonal Left: ^<
Backward Diagonal Right: v>
Backward Diagonal Left: v<
Right Travel (Turn) Around: >ð
Left Travel (Turn) Around: <ð
Repeat: ∞

VII. Extensions

Alternating: alt
With, and: /
Neutral: n
Frame: f
Side: =
Times: X

VIII. Expression

Nephis: N
Regal or Royal: R
Promenade: P
Delaa: L
Shiver: V
Kaleegy: K
Jump: J
Soft: Z
Medium: M
Firm: F
Pose: I
Bow: W

IX. Musical Units

Bridge: (B)
Sequence: (S)
Leader: (L)
Part: (P)
Section: (C)
Drum Solo: (DQ)
End: (E)
Soliloquy, Taxiem: (Q)

X. Choreograph Notes

; or ,: separates movement combos
[...]: Combination Movement enclosed in brackets