



The Pain, the Passion, the Joy; Dancing with "Nephis"

EDC® Tertiary Course Outline and Vocabulary

Entities of Music & Fluid Movement Expression Listening, Sequencing, & Phrasing

Classic Egyptian Style (CES) Belly Dance - Sausan Method

Complete Learned Movement Application

Part One – FUNDAMENTAL

Unit 3.1 (First Week) - Bridges; Traditional Basic & Enhanced, Shimmy, Irregular

Unit 3.2 (Second Week) - Call & Response; Turns & Spins (Silent "1")

Unit 3.3 (Third Week) - 3-Step Walk Succession; Turns, To/Fro, Walk

Unit 3.4 (Fourth Week) - To/Fro & To/Fro/Back/Fro

Part Two – IMPROVISATION "Taqsium"

Unit 3.5 (Fifth Week) - Soliloquy; Soft - with & without beats; 8-Counts to Center

Unit 3.6 (Sixth Week) - Soliloquy; Medium - with & without beats, Full Body Shimmy; Firm

Unit 3.7 (Seventh Week) - Arms & Hips

Part Three – ACCENTS

Unit 3.8 (Eighth Week) - Pops; Singles, Sequence

Unit 3.9 (Ninth Week) - Drum Solo

Unit 3.10 (Tenth Week) - Marches & Jumps (Silent "1")

Part Four – WRAPING IT UP

Unit 3.11 (Eleventh Week) - Entrances; Veil

Unit 3.12 (Twelfth Week) - Ending & Exits; Intro to "Performance"

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